

## Potential steps at SBC in light of Covid-19

**This notice is not intended to cause concerns but to provide assurance to members that we are each trying to best look after the health and safety of our fellow members.**

**Be re-assured that your Committee treats your Health and Safety as our priority.**

At a personal level it is important that we each follow the advice of WHO guidelines which recommend:

- Washing your hands frequently and thoroughly with soap and water or an alcohol-based hand rub.
- Practising respiratory hygiene, covering mouth and nose when sneezing and discarding tissues immediately into a closed bin, cleaning your hands with alcohol-based hand rub or soap and water.
- Trying to avoid touching your face at all.
- Maintaining social distancing.

### Notice of specific SBC Safety Practices

- Even though you may not knowingly have been in contact with a carrier please do not attend bridge events if you exhibit symptoms of a cough, fever, shortness of breath or any flu-like symptoms.
- Best to avoid handshaking.
- To minimise the potential for contact the TD's will attempt to maximise the space between tables e.g. only use alternate tables where possible. We ask for your co-operation as this may mean use of upstairs more often.
- **The situation is fluid** and new guidelines may be provided by the health professionals therefore **please regularly check the club website for up to date guidance.**
- The club will continually seek guidance to minimise risk to members and staff's health and avoid potentially passing on any virus either from person to person or any other means.

Thanks you for your co-operation.

*R. Alderdice*

Chairman